

CURRICULUM VITAE

DR. ARTHUR GERARD O'MALLEY

**Halton CAMHS Consultant
Thorn Road Clinic
Runcorn
WA7 5HQ**

**INFANT, CHILD & ADOLESCENT
PSYCHIATRY**

PERSONAL DETAILS

BUSINESS: Mascot Child and Family Services Limited

NAME: Arthur Gerard O'Malley

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DATE OF BIRTH: 25th October 1962

NATIONALITY: Irish

MARITAL STATUS: Married

EDUCATIONAL DETAILS

SECONDARY SCHOOL: St. Patrick's College, Armagh.
11, O-Levels (4As, 7Bs)
3A-Levels (1A, 2Bs)

COLLEGE: Trinity College, Dublin.
Medicine B.A. M.B., B.Ch. B.A.O. June 1990

ACADEMIC DISTINCTIONS

1988 – 1989: Forensic Medicine: – Second Class Honours

PRIZES:

1986: First prize for pharmacology essay on the role of Calcium channel activators and inhibitors in the CNS

1988 –1989: Peter Beckett Memorial Prize for Best Student
In Psychiatry – Value £150

1989: Adelaide Hospital Travel Award – Value £500

- 1994:** Manne Berber Research Fellowship
Counselling in General Practice
Value £1,100
- 1998:** Henry Hutchinson Stewart Fellowship in Psychiatry
Value £5,000
- 2007:** Best Practice Prize
Staff Recognition awards 5 Boroughs Partnership
NHS Trust for Risk and Resilience Project
- 2010: Staff Recognition award 5 Boroughs Partnership
NHS Foundation Trust

1. PUBLICATIONS

The relationship between ADHD and substance misuse Ch 10 Vol 6 Radcliffe Publishing 2011

Improving outcomes and ensuring quality: Guide for commissioners and providers of perinatal and infant mental health services 43pp NHS north west 2011 (member of expert reference group)

Reviews of books for Journal of Child and Adolescent Mental Health (in press)

- Babies help boys reach new maturity. The Times Educational Supplement 20/01/09 13 www.tes.co.uk
- Breaking the code article on traumatic stress in Drink and Drugs News 26/01/09 12-13 www.drinkanddrugsnews.com
- Watch wait and wonder an infant led approach to problems in infancy and early childhood *Beyond the smile Notes from a study day on perinatal mental health* 43-50 (2008)
- The diagnosis and management of ADHD in young adults O'Malley A, Clark A *Progress in Neurology and Psychiatry* Sept/Oct (2003) 7 5: 24-27
 - The labelling of dissent- politics and psychiatry behind the Great Wall Lyons D., O'Malley A *Psychiatric Bulletin* Dec (2002) 26:443-444
 - Research Report: Assessment of needs of children with severe and complex mental health problems: funded by Manchester Health Authority Clark, Woodham, O'Malley et al Mar (2003) 65pp
 - Assessment of complex needs: needs and costs over one year *Child and Adolescent Mental Health* Nov (2005)

- The Changing Relationship between General Practitioners and Psychiatrists O'Malley A *Forum. Journal of Irish College of General Practitioners* Dec (1990) 167-169
- I.C.G.P. Booklet *counselling in General Practice* (1996) 76pp (on advising committee)
- Elective Report Association of Old Adelaide Students Magazine (1990)
- Reviews of Academic Papers *Forum Journal of Irish College of General Practitioners*
- Letter to Department of Education (Republic of Ireland) on the future Development of Psychology Services for the Moslem School, Clonskeagh Co. Dublin

Current Research Projects:

- **Baby matterz.com** This is a unique collaboration with 'The learning partnership.com' to develop a teaching and learning resource for parents and their infants over the crucial early developmental years. Information is added month by month in electronic mind map form by a range of experts in Childhood development. Baby matterz classes are held with parent and infant in a group of 10 schools from the Liverpool. The programme is supported by Liverpool County Council and based on the Roots of Empathy programme running in 1400 schools across Canada My area of expertise is adding content on the developing infant brain and emotional development. An article on this programme was published in the Times Educational Supplement of 20/02/09.
- **Watch Wait and Wonder.** This infant-led dyadic psychotherapy is designed for work with babies and infants and is being implemented in Halton General Hospital together with a consultant psychiatrist in psychotherapy and a health visitor who specialises in maternal mental health. Combined with a parental traumatic stress clinic, this pilot service was nominated to apply for a Health and Social Care award 2009 by John Kelly (manager of Children and Adult Services) from the 5 Boroughs Partnership NHS Trust.
- **Perinatal mental Health:** I am discussing collaboration with Prof Atif Rahman's (Prof of Child Psychiatry University of Liverpool) healthy thinking project and my affect regulation therapy in his cohort of pregnant mothers who suffered an earthquake in Pakistan several years ago. We are seeking funding to proceed with the next stage of this study.
- **Role of fever suppression, imitation and mirror neurones in the aetiology of autism spectrum disorder.** I investigated the feasibility of an initial pilot study with Professor Miyan (Faculty of Life Sciences University of Manchester)

Special Interests: Paediatric Developmental Neuropsychiatry and the Neurobiology of trauma

Attendance at David Lewis Centre, Alderley Edge, Cheshire (from 01/01)
Training in MCAST Accreditation as ADOS trainer and EMDR Europe Accredited EMDR Consultant (23/1/2008) Currently I completed level 1 training in sensorimotor psychotherapy accredited by the sensorimotor psychotherapy institute Boulder Colorado. This training involves 12 residential training days in Lincoln from Oct 08 to July 09. I have submitted an article on the neurobiology of trauma for the postgraduate journal of the Royal College of Psychiatrists, Advances in Psychiatric Treatment.

PREVIOUS RESEARCH

- 1 A pilot study to investigate the neuro-endocrine response of subjects age 6 to 16 with ADHD to acute administration of methylphenidate (Ritalin)
- 2 The ICARUS project: professional interventions for mentally ill Parents and their Children. Building a European Model (co-ordinated by Dr. Shane Butler Dept of Social Sciences Trinity College Dublin.)
- 3 Drug metabolism in patients with adverse effects on SSRIs. A pilot study of phenotype and genotype of ten adult psychiatric patients using debrisoquine hydroxylation and DNA genotyping respectively as markers of individual patient drug metabolism.
- 4 Social Phobia and Alcohol Dependence Syndrome: A pilot study of the inter relationship of both these disorders in 40 psychiatric inpatients. Equal numbers of patients were evaluated using SCID interviews and CGI rating scales.
- 5 Completing the audit cycle-implementation of a full appointment system in a rural General Practice.
- 6 Management of thyroid disease in General Practice-A questionnaire survey of 100 GPs in the Dublin North and Meath faculties of the Irish College of General Practitioners.
- 7 Patients' attitudes towards doctors working in General Practice. A report of a survey of 1000 patients in 10 Irish Rural and Urban Group Practices

AUDIT

Satisfaction questionnaire Child and Family Consultation Service (Feb-July 2001)
Clients whose cases were closed returned a total of 61 questionnaires. A variety of parameters relating to their consultation were analysed.

Fewer than 16 admissions to paediatric ward following alcohol intoxication, (July-Dec 2001) a pro forma for psychiatric SHO's was implemented in Jan 2002 to aid in

accurate identification of those patients who should be referred to CAMHS. The project involved collaboration with Dr. Peter Powell, Consultant Paediatrician.

Audit of critical incidents at Adolescent Psychiatry Service August 2002-present. The aim is to adequately define critical incidents and define adequate unit response. Use of the telephone for outside consultation by the Outreach team in the McGuinness Unit, Prestwich.

Prescription use in CAMHS teams in the 5 boroughs Partnership over a six-month period with support from Lorraine Prescott Department of Pharmacy Hollins Park. Initial audit in 2007 being repeated in 2009

Use of an assessment template in specialist CAMHS incorporating CORC approved outcome measures. Training in and audit of HoNOSCA in specialist CAMHS

CURRENT EMPLOYMENT 5 Boroughs Partnership NHS Trust

Locum Consultant Knowsley specialist CAMHS commenced 2/08/2004 (appointed to substantive post on 25/10/04). Secondment to Halton specialist CAMHS to develop Perinatal and Infant Mental Health Services from Sept 2007. This was made permanent in Oct 2008 when I replaced Dr Margaret Bamforth who retired from her NHS Post in the Thorn Road Clinic, Runcorn.

PREVIOUS EMPLOYMENT Stockport Foundation NHS Trust

Locum Consultant Stepping Hill Hospital 23/02/2004-1/8/2004

Specialist Registrar in Child and Adolescent Psychiatry for the North Western Deanery: (Eastern Division) July 2000-Feb 2004 comprising:

RMCH CAMHS team with Professor Harrington 8/04/03-20/02/04

Adolescent Psychiatry Unit Inpatient team and Outreach Service 3/9/02-7/04/03

Royal Bolton Hospital CAMHS team 12/12/01-31/08/02

Tameside General Hospital comprising Springhill Child and Family Consultation Service and Staveleigh Clinic, Stalybridge 31/07/00-12/06/01

Eastern Health Board Training Scheme in Child and Adolescent Psychiatry July 1997-June 2000 comprising:

Child Psychiatry St James Hospital (Jul 97 –Dec 98)

Beech Park Special school for autism (2 sessions per week Jul -Dec 98)

Child Psychiatry Castleknock (Jan 99- Dec 99)

Courthall Residential Unit Mulhuddart Co. Dublin (Jan 00-Jun 00)

Locum Consultant Child Psychiatrist Portlaoise General Hospital July 2000

Dublin University Training Scheme in Adult Psychiatry: July 1994-June 1997

July 1994- June 1995	Adult Psychiatry St Patrick's Hospital and St. James' Hospital
July- December 1995	Psychiatry of Addiction, St Patrick's' Hospital
Jan- June 1996	Old age Psychiatry, St James' Hospital
July-Dec 1996	Psychiatry of Learning Disability, Good Counsel Centre, Ballyboden and St. Ita's, Portrane.
Jan- June 1997	Adult and Adolescent Psychiatry, St Patrick's Hospital

Dublin Regional Vocational Training Scheme in General Practice Jul 1991-Jun 1994

July 1990- June 1991	Internship Meath and Adelaide Hospitals, Dublin
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EXAMINATIONS

DCH 1993

MRCGP 1994

MRCPsych 1999

EMDR Accreditation as Practitioner May 2007

EMDR Accreditation as Consultant Jan 2008

Diploma in Clinical Supervision 15 Credits John Moores University June 2007

Elected to Fellowship of Royal College of Psychiatrists Jan 2011

SPORTING ACHIEVEMENTS

Member of University soccer team; Winners Leinster League Div.2 and Maher Cup 1990

Member of university table tennis team: Winner of All Ireland Mixed Doubles intervarsity and team championships 1989; and Runners Up 1987, 1990

INTERESTS

Walking our Grand Basset Griffon Vendeen dog; Trixie. Football, Table Tennis

LECTURES

Nurses St. Brendan's Hospital, Dublin & McGuinness Unit, Prestwich

Patients St. Patrick's Hospital Dublin

Teachers Phoenix Park Special School Dublin, Hospital school, RMCH

Medical students Royal College of Surgeons, Ireland and Trinity College, Dublin
University of Manchester

Occupational Therapy students Trinity College Dublin

Health Visitors and nursery nurses. Series of workshops delivered in conjunction with a clinical psychologist in Avondale Health Centre Bolton as part of the Surestart initiative (April-July 02)

Child Psychiatry S.H.O.'s Royal Manchester Children's Hospital

Salford Youth Offending Team

Buile Hill High School Salford

Stockport Youth Offending Team

Knowsley Northern Primary Support Service

MEDICAL EXAMINATIONS

Examining 4th and 5th year medical students in OSCE and OSLER format (2001-2003)

TUTOR IN CHILD AND ADOLESCENT PSYCHIATRY (FROM AUG 2003)

My duties included organising the undergraduate teaching for 4th year medical students and development of special study modules in Pervasive Development Disorders, serious disorders of adolescence and in risk assessment and management of dangerousness at RMCH, the McGuinness and the Gardener Units respectively organised the OSCE's. I also co-ordinated a 3-week placement by an elective medical student from Australia. I am currently involved in teaching 3rd year medical students during their placement at the Wellcroft Centre

PRESENTATIONS

Eastern Health Board Annual multi-disciplinary research day 1997

Alcohol Dependence Syndrome and Social Phobia: a study of comorbidity. 1998

Webster- Stratton Parenting Programme Child Guidance Clinic, St James Hospital
Oct-Dec 1998 and Oct-Dec 1999

ADHD Programme for Parents, pupils and teachers in Casa Caterina (school for emotionally and behaviourally disturbed children) Jan 2000-Feb 2000

Narrative Therapy Conference (Institute of Psychiatry April 2001)

Psycho-educational programme for parents and teachers of children with ADHD.
Series of 4 two-hour sessions delivered to members of Adult Learners Club, Hyde
Clarendon Sixth Form College 2001

Social skills training programme run jointly with a clinical psychologist and social
worker in CAMHS at RMCH June- August 2003

Initiatives in therapeutic response Didsbury April 2004

Treatment of children in cares BABCP Britannia Hotel May 2004

Towards a comprehensive CAMHS the Knowsley experience Village Hotel Whiston
Dec 2004

The neurobiology of PTSD and a putative mechanism of action of EMDR Grand
rounds Alder Hey Feb 2005 Cheadle Royal Hospital Jan 2006 Glasgow 2007

Moving minds annual specialist training day: The effect of neglect on the developing
brain May 2007

8th European EMDR conference, Paris, Presentation of 2 cases of therapeutic
approaches to extreme trauma. One case witnessed his father kill his mother and the
other was subject to severe neonatal trauma June 2007

Merseyside family justice council annual study day: the impact of neglect and trauma
on the developing infant brain 31 Oct 2007

Trauma and EMDR the Learning Foundation Hollins Park 17 Mar 2008

Beyond the Smile: A study day on perinatal mental Health King's Church Conference
Centre Manchester organised by SCIE and PCHWN March 2008

North West Regional Psychotherapy Association: Creative ways of dealing with
childhood trauma 14 April 2008

9th European EMDR conference 2 hour workshop on the impact of neglect and trauma on the developing infant brain and the implications for therapists QE2 conference centre London June 2008

Introduction to the mechanism of action of EMDR. CPD forum for Child and Adolescent Psychiatrists in the North East. Durham Cricket Club July 2008

Presentation to EMDR therapists in Donegal Ireland Arnolds Hotel Dunfanaghy Co Donegal August 2008

Motor and Sensory Integration using EMDR: a new therapeutic paradigm Workshop presentation at the inaugural autumn EMDR forum hosted by the Yorkshire EMDR branch at Next Generation Gym York 17th Oct 2008

Peak Performance in business meeting of the Chartered Institute for Professional Development (CIPD) Quarry Bank Mill 24th Oct 2008

North West Regional Psychotherapy Association: Introduction to BEST therapy using the new recent traumatic event protocol developed by Elan Shapiro and Brunit Laub 9 Feb 2009

1 day training event to foster carers and staff in children's homes from Halton Widnes 5 March 2009

Training delivered to Halton Specialist CAMHS on coding and reliability of HoNOSCA 11 March 2009

Keynote speaker at inaugural study day on Personality Disorders Carriage Works conference centre Leeds chaired by Prof Eddie Kane 16 March 2009

Infant mental health and EMDR symposium presented at UK and Ireland EMDR association annual conference Manchester Conference Centre 28 Mar 2009

Training delivered to Health Visitors on mother child interaction and early intervention Kingsway Library 8 June 2009

Impact of trauma on children's development for ST4-6 trainees 9 June 2009 Liverpool

Management of parental stress in the context of the parent child relationship Conference on infant mental health Styal Mill Manchester 25 Sep 2009

Emotional dysregulation in ADHD Novotel Manchester 3 Nov 2009

The evolving life of the brain:-wired for success Guest speaker at the Ezekiel Browne Society for Cheadle Hulme School 5-7pm. 27 Jan 2010

An integrated approach to trauma-focussed therapy combined clinic involving AMHS and CAMHS Annual conference of UK and Ireland EMDR association 20 Mar 2010

Clinical Neuroscience and child psychotherapy ideal partners or reluctant bedfellows
1 day conference delivered for the North West Regional Psychotherapy Association
together with child psychotherapist Nikki Lusher Manchester April 2010

Talk on trauma and its impact on mental health for Halton Specialist CAMHS 12 May
2010

Working together in complex trauma Annual infancy Conference Mansion House
Bristol 8 July 2010

The impact of neglect and trauma on the infant brain and the implications for adopted
children and their parents Halton Stadium

Changing Children's lives INSET Day Developing a greater awareness of the role of
affect regulation in the management of emotional and mental health needs of children
and young people West Kirby Residential School 18 Feb 2011

POSTERS

Annual Residential meeting of child and adolescent division of Royal College:
Presented: Children with complex mental health problems: needs and costs over one
year (Sept 2003)

Neurobiological factors in treatment of trauma in Children using EMDR: a case series
showing drawings before and after treatment. 9th European EMDR conference with
Josie Bradshaw EMDR Consultant June 2008

COURSES

Introduction to Statistics Package for Social Science, September 1999
Management Course for Registrars and Senior Registrars March 2000
Therapeutic Crisis Intervention (Breakaway Course) May 2000
Section 12 Approval Course Prestwich Hospitals Nov 2000
Personal development Course Grange-over-Sands Jan 2001
Advanced Paediatric Life Support Royal Bolton Hospital March 2002
The Manchester Child Attachment Task (MCAST) June 2002
Teaching the Teachers July 2002
Problem based learning tutor course Sept 2002
EMDR course part 1 and 2 & Using EMDR with children Oct 2002
Webster-Stratton Parenting Programme Nov 2002
ADOS-G course in Institute of Psychiatry London Dec 2002
Managing Difficult People Nov 2003
CAMHS consultation workshop Dec 2003
Dinosaur School May 2004
Consultation Discussion Group April-July 2004
Basic Life Support-Consultants June 2005
LF153-Critical Learning Nov 2005

MGCAP CPD Day Dec 2005
 3 day introductory course for Mental Health Act 1983 Jan 2006
 Employment law, Recruitment and selection April 2006
 Accredited as an ADOS Trainer Sept Nov 2006
 Advanced course in treatment of adult dissociation disorders Dec 2006
 Clinical Supervision Course John Moores University Liverpool (15 Credits) March-May 2007
 Advanced course in treatment of childhood Dissociation disorders May 2007
 Solihull approach training age 0-5 July 2007
 Solihull approach training age 6-19 July 2007
 Training in Dr. de Vries Touch for Health Course July 2008
 Approved Clinician Training Royal College of Psychiatrists Dec 2008
 Reflective practice supervision groups using the Solihull Approach (Sept 07-Apr 08)
 Sensorimotor Psychotherapy Lincoln (2008-2009)
 Train the trainers Hollins Park 13 March 2009
 Conference on infant mental health Styal Mill Manchester 25 Sep 2009
 Neurodevelopmental seminar on autism University of Manchester 11 Nov 2009
 Perinatal mental health forum Wythenshawe Hospital 2 Dec 2009
 Mac Arthur Story Stem Training Dept of Child Psychiatry University of Manchester 25-27 Feb 2010
 Gender leads clinical Forum St Michael's Parish Hall Warrington 1 Mar 2010
 Autism Spectrum conditions Enhancing Nurture and Development ASCEND 1 day course on how to run parent support group for children with ASC within a CAMHS setting developed by Christine Williams and Dr Barry White York CAMHS team 3 June 2010
 Psychopathology seminar on the emotional development of the brain by Prof Seth Pollak University of Wisconsin Whitworth Art Gallery 9 June 2010
 Psychopathology seminar on severe language impairment 6 Oct 2010
 Launch of the balanceconsortium.com in Birmingham Nov 2010
 Future focussed leadership Oct May 2011

CONFERENCES

Introduction to Theory of Mind, University College London March 1998.
 Autism and Aspergers Syndrome Dublin Castle Oct 1998
 Gilles de La Tourette syndrome Tallaght Hospital Feb 1999
 ICARUS update Swedish and Irish participants Sept 1999
 Fourth European ACPP conference, "Child Mental Health: - Common currency or Tower of Brussels", Jan 2000 Commonwealth Institute London
 Suicide and attempted suicide in adolescence. A brief home based intervention for patients and their families. Prof. Michael Kerfoot (Manchester University Child and Adolescent Policy and Research) April 2000
 ADHD across the Lifespan London March 2001
 Third Annual Narrative Conference Institute of Psychiatry April 2001
 One day meeting of CAMHS Clinicians across the North West to establish ongoing research agendas for collaboration May 2001
 World Mental Health Congress (Mental health of children & Autism) May 2002
 Educating Troubled Children within CAMHS June 2002

Third National Conference for SpR's in Child and Adolescent Psychiatry Jan 2003
 Annual Residential Meeting Child and Adolescent Faculty York Sept 2003
 The ADHD Spectrum Institute of Directors London March 2004
 16th World Congress of the IACACAP Berlin August 2004
 An Attachment-Focussed Treatment for Childhood Trauma by Dan Hughes Jan 05
 Festschrift Meeting in memory of Professor Richard Harrington March 05
 AACAP/CACAP Joint Annual Meeting Toronto Oct 2005
 Psychotherapeutic Applications of Social Cognition Research: Metallization Focused
 Treatments Toronto Oct 2005
 EMDR 4th Annual Conference London March 2006
 EMDR 5th Annual Conference Glasgow March 2007
 8th European Annual EMDR Conference Paris June 2007
 9th European Annual EMDR Conference London June 2008
 1st Autumn EMDR workshop Yorkshire Branch of UK and Ireland EMDR
 Association York 17th Oct 2008
 Study day on developmental and clinical aspects of borderline Personality Disorder
 Holiday Inn Elsmere Port Profs Peter Fonagy and Jonathan Hill 5th Dec 2008
 EMDR 6th Annual Conference Manchester March 2009
 Presentation to commissioners on the mental health needs of the perinatal and infant
 mental health population Halton Stadium 13 Jan 2010
 Ezekiel Brown Society Cheadle Hulme School The life of the brain 27 Jan 2010
 EMDR 7th Annual Conference Dublin March 2010
 Therapeutic options for children subject to Care Proceedings organised by Child
 Concern 23 April 2010
 Lecture to CAMHS team on impact of trauma on mental health and well being 12
 May 2010
 NWRPA annual symposium affective neuroscience and child psychodynamic
 psychotherapy Ideal partners or reluctant bedfellows? May 2010
 Annual infancy Conference Bristol 8 July 2010
 The impact of trauma and neglect on adopted children and the implications for
 treatment to 30 members of adoption panel 5 Oct 2010
 Brighter Futures Open day launched by Richard Mc Cann 27 Oct 2010
 Lecture to students on affective neuroscience and bilateral affective reprocessing
 therapy Padgate Campus Warrington 13 Dec 2010
 Story stem practice Wigan Camhs
 Changing Children's lives. Developing a greater awareness of the emotional/mental
 needs of Children and young people WKRS 18 Feb 2011
 Trauma across the lifespan 11th May
 Trauma focussed therapies 17th June Manchester conference Centre

ASSOCIATIONS

ACAMH Association of Child and Adolescent Mental Health
 NWRPA North West Regional Psychotherapy Association
 EMDR association UK and Ireland
 EMDRIA Austin Texas
 AIMH (UK) Association of Infant Mental Health
 RSM Royal Society of Medicine
 BMA British Medical Association
 MPS Medical Protection Society

GMC General Medical Council

COMMITTEES

EMDR UK and Ireland member of child section 2004-8
EMDR UK and Ireland elected member of council 2008-9
Organising committee for 9th European Annual EMDR Conference QE2 Conference
Centre London June 2008 cf www.EMDR2008.org
North West Regional infant and Maternal Mental Health Steering Committee 2008-9
Organising committee for EMDR and Diversity conference 27th-28th March 2009
Manchester Conference Centre cf www.emdrassociation.org.uk
Futures Committee Cheadle Hulme School

NETWORKS

UK and Ireland EMDR association jicemail
EMDRIA worldwide listserv
Parental Mental Health and Child Welfare Network

MANAGEMENT ROLES

Since 2005 I have represented the 5 Boroughs Partnership Trust on first the Cheshire and Mersey perinatal pathway group followed by the North West Regional Perinatal and infant mental health Steering Group. Together with my colleague Dr Pollet, I have attended a task and finish group to establish a perinatal pathway across the Trust footprint. Recently I was invited to become a member of the Steering Group and Expert Reference Group for NHS Northwest's Perinatal and Infant mental Health Project. The commissioning report was published in April 2011

REFERENCES

Dr Sheena Pollet
Consultant Psychotherapist in Psychiatry
The Brooker Centre
Halton General Hospital
Hospital Way
Runcorn
WA7 2DA

Debbie Garner
Locality Service Manager
CAMHS Directorate
5 Boroughs Partnership NHS Trust
The Alders
Winwick
Warrington